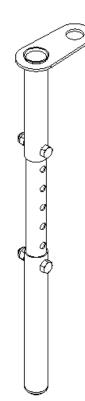


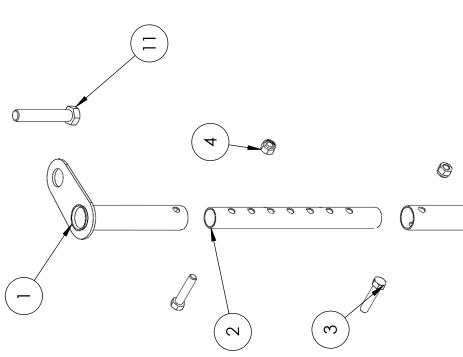
# Instruction Sheet For: VH-004

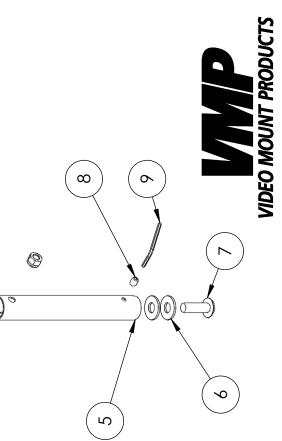


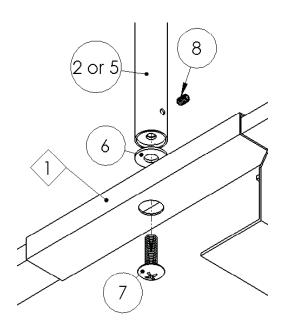
For more information, please contact us at: 345 Log Canoe Circle, Stevensville, Maryland 21666 Toll Free: 877.281.2169 Phone: 410.643.6390 Fax: 410.643.6615 www.videomount.com

# VH-004

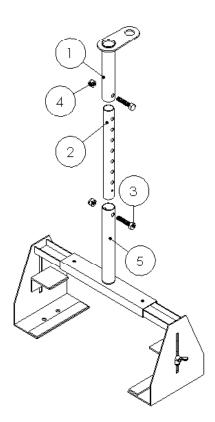
ITEM NO.	DESCRIPTION	QTY.
_	Mount Connector	
2	Extension Tube A	1
e	Screw 5/16" - 18UNC*L1.5"	2
4	Nylon Nut 5/16" - 18UNC	2
5	Extension Tube B	
6	Washer 3/8''* ∅ 26*T2	2
7	Screw 3/8" - 16UNC*L1.25"	-
8	Brake Screw 1/4" - 20UNC*L3/8"	1
6	M3 Allen Key	]
11	Screw M12*P1.75*L70	-







Step 2: Attaching the VH-004 to the VH-001



Step 3: Adjusting the height of the VH-004

### Step 1

Before starting, lay out all parts to your mount and match them to the parts list provided. Verify that you have all your parts before attempting to assemble the mount.

Note: It is assumed that you are trying to attach the VH-001 to an already assembled and mounted LCD/Plasma mount and have already assembled the VH-001. If not please proceed to assemble and mount the LCD/Plasma mount and assemble the VH-001.

### Step 2

Attach the VH-004 to the VH-001 by inserting the 3/8" screw **(7) VH-004** up through the bottom hole in the center of the force arm **(1) VH-001**. Place washer **(6) VH-004** onto the screw **(7) VH-004** and attach either extension tube A **(2) VH-004** or extension tube B **(5) VH-004**. You would use extension tube A if you need the drop distance to be between 6" and 13" (most commonly LCD-1C) and extension tube B for drop distance from 13" to 17" (most commonly LCD-2537C and PDM-C). Always use a brake screw **(8) VH-004** in either extension tube A or B **(2)** or **(5) VH-004** to secure the 3/8" screw **(7) VH-004**.

### Step 3

To adjust the height, simply remove the 5/16" screws ③ VH-004 and nuts ④ VH-004 and slide the holes in the extension tube A ② VH-004 along until they line up with the holes in the mount connector ① VH-004 (and if needed extension tube B ⑤ VH-004) which provide you with the desired height. Reinsert the 5/16" screws and nuts when you have reached the desired height.

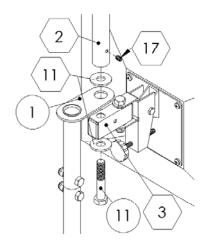
### Step 4

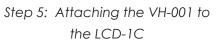
Now you must determine which mount you are trying to attach the VH-004 to. If you are trying to attach the VH-004 to the LCD-1C proceed to **Step 5**. If you are trying to attach the VH-004 to the LCD-2537C proceed to **Step 6**. If you are trying to attach the VH-004 to the PDM-C proceed to **Step 7**.

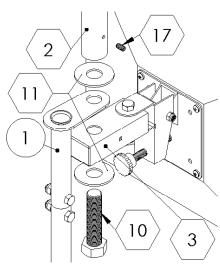




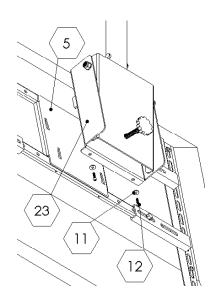








Step 6: Attaching the VH-001 to the LCD-2537C



Step 7 : Removing the monitor

### Step 5

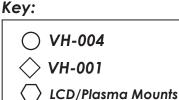
Remove the brake screw  $\langle 17 \rangle$  LCD-1C from the side of the extend tube  $\langle 2 \rangle$  LCD-1C. Then remove the M12 screw from the bottom of the extend tube  $\langle 2 \rangle$  LCD-1C. Place the mount connector  $\langle 1 \rangle$  VH-004 in between the top washer  $\langle 11 \rangle$  LCD-1C and the support tube  $\langle 3 \rangle$  LCD-1C. Use the M12 screw provided with the VH-004  $\langle 11 \rangle$  VH-004 and insert it through the washers  $\langle 11 \rangle$  LCD-1C, support tube  $\langle 3 \rangle$  LCD-1C and mount connector  $\langle 1 \rangle$  VH-004. Attach the extend tube  $\langle 2 \rangle$  LCD-1C onto the M12 screw  $\langle 11 \rangle$  VH-004 and use the brake screw  $\langle 17 \rangle$  LCD-1C to secure the M12 screw into place. *Proceed to step 10.* 

### Step 6

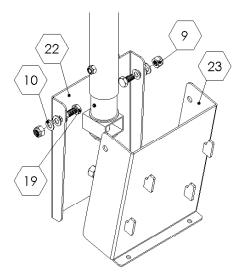
Remove the brake screw  $\langle 17 \rangle$  LCD-2537C from the side of the extension tube  $\langle 2 \rangle$  LCD-2537C. Then remove the  $\frac{3}{4}$ " screw  $\langle 10 \rangle$  LCD-2537C from the bottom of the extension tube  $\langle 2 \rangle$  LCD-2537C. Place the mount connector  $\langle 1 \rangle$  VH-004 in between the top washer  $\langle 11 \rangle$  LCD-2537C and the support tube  $\langle 3 \rangle$  LCD-2537C. Insert the  $\frac{3}{4}$ " screw back through the washer  $\langle 11 \rangle$  LCD-2537C, support tube  $\langle 3 \rangle$  LCD-2537C and mount connector  $\langle 1 \rangle$  VH-004 and through the second washer  $\langle 11 \rangle$  LCD-2537C. Screw the extension tube  $\langle 2 \rangle$  LCD-2537C onto the  $\frac{3}{4}$ " screw  $\langle 10 \rangle$  LCD-2537C and use the brake screw  $\langle 17 \rangle$  LCD-2537C to secure  $\frac{3}{4}$ " screw into place. Proceed to step 9.

### Step 7

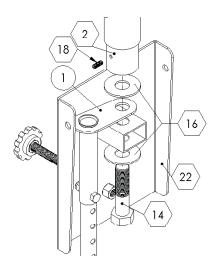
First remove the monitor and "H" bracket (5) PDM-C by removing the security screws (12) PDM-C and washers (11) PDM-C from the bottom of the adjusting bracket B (23) PDM-C. Then lift off the "H" mounting bracket (5) PDM-C from the adjusting bracket B (23) PDM-C with the monitor still attached. Place the monitor with the "H" bracket still attached safely aside. Make sure the monitor is not lying horizontal in order to prevent screen damage.







Step 8 : Removing the adjusting bracket B



Step 8

Remove the adjusting bracket B  $\langle 23 \rangle$  PDM-C from swivel bracket B  $\langle 22 \rangle$  PDM-C by removing the M10 screws  $\langle 19 \rangle$  PDM-C, washers  $\langle 10 \rangle$  PDM-C, and nylon nuts  $\langle 9 \rangle$  PDM-C.

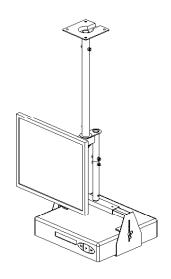
### Step 9

Remove the brake screw **(18)** PDM-C from the extension tube **(2)** PDM-C. Then remove the <sup>3</sup>/<sub>4</sub>" screw **(14)** PDM-C from the extension tube **(2)** PDM-C. Place the mount connector **(1)** VH-004 in between the top washer **(16)** PDM-C and the rectangular tubing in the center of the swivel bracket B **(22)** PDM-C. Insert the <sup>3</sup>/<sub>4</sub>" screw through the washers **(16)** PDM-C, swivel bracket B **(22)** PDM-C, and mount connector **(1)** VH-004. Screw the extension tube **(2)** PDM-C, and mount connector **(1)** VH-004. Screw the extension tube **(2)** PDM-C onto the <sup>3</sup>/<sub>4</sub>" screw **(14)** PDM-C and use the brake screw **(18)** PDM-C to secure <sup>3</sup>/<sub>4</sub>" screw into place. To reassemble the mount reverse **Step 7** and **Step 6** in that order.

### Step 10

Refer to **Step 3** if you wish to adjust the height of the VH-001 underneath the mount. You can insert the device into the VH-001 and swivel it to the desired location. *Please verify that all nuts and screws are tight*.

Step 9 : Attaching the VH-001 to the swivel bracket B



Step 10: Attachment completed (VH-001 shown attached to the LCD-2537C)

## **Enjoy Your Mount!**

Warning: Please verify that your mounting surface will support the combined weight of your mount, mounting hardware, and monitor. Also verify that the mounting surface is safe to drill through. If in doubt, please contact a professional installer.

